



## Upcoming Events September

September 18

**FREE MEDICAL CLINIC**  
**10 AM - 2 PM**

Registered nurse available on site.



September 24

**Ikaw at ang Batas (You and the Law)**

- a two part series on the legal rights of caregivers

September 25 & 26

**MHHS FIRST ANNUAL  
MULTICULTURAL BARGAIN SALE**

Tons of goodies in the Helping House  
Parking Lot! Bring your friends and family  
**10 am to 4 pm**

For details, please call our office



**SINEHAN @ HELPING HOUSE (Movies @ Helping House)**

**TANGING YAMAN** - Separated by distance both physical and emotional, siblings Danny (Johnny Delgado), Art (Edu Manzano) and Grace (Dina Bonnevie) come together to settle a land dispute while their mother Dolores "Loleng" Rosales (Gloria Romero) succumbs to debilitating disease. Old resentments begin to surface, spilling over to the next generation, as they cope with Loleng's sickness and the tract of land left to them by their deceased father. Will a Mother's love and self-offering heal the wounds of the past or tear them farther apart?

**tuwing Martes, simula sa Setyembre 7, 2004**

**AMERICAN ADOBO** Four friends who met as college classmates in the Philippines, now live in New York and still stay in close touch 20 years later. The arrival of one college pal, Lorna (Sol Ocoa), for a visit is the occasion for a celebration, and Tere (Cherry Pie Picache) has prepared one of her typically outstanding meals in her inviting Queens apartment, on a street lined with trees and gracious vintage townhouses. Everyone in the group is doing reasonably well professionally, living in tasteful quarters, but of course appearances are deceiving.

**tuwing Huwebes, simula sa Setyembre 9, 2004**

siguradong magugustuhan ninyo

**movies by donation: \$3**  
**other films available**



Multicultural Helping House Society

*helping newcomers succeed in canada*

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### MHHS NEWS

September 04

#### Seniors Club

Panawagan sa ating mga lolo at lola. Punta po kayo sa helping house at handa kaming tumulong sa inyong pangangailangan. Mayroon din po tayong cooking lessons at iba pang gawain na inyong ikatutuwa. (Calling on our grandparents. We're ready to assist you in all your needs at the helping house. We have cooking lessons and more that will delight you.)

#### Parenting Series

aims to support Filipino parents to become better parents and increasing their understanding of BC laws relating to child welfare / protection.

#### Bamboo Network Host Mentoring Program

Are you a recently-arrived immigrant? Seeking to work in your profession or trade? This is a program that connects immigrants with mentors in specific professions and trades.



The Helping House, your home  
away from home - **only \$20 a day -**

**MULTIPURPOSE HALL \$15 - \$20/hr**

**WORKSTATIONS \$250 / month**

Started in April 2004, Project Empowerment for New Immigrant Youth or **PROGENY** is MHHS seminal work for Filipino youth. It is a comprehensive program that includes interest-based projects (music, arts, sports, and recreation), organising (leadership training, events, and fundraising), education, advocacy, and community involvement. PROGENY is initially tailor-made for Filipino youth as a focus, after which, will include youth of other culture. The workshops conducted during summer obtained significant success that built momentum into the Fall. PROGENY enters its second phase of programming in September 2004.

**YOUTH CLUB** – MY Expressions is a youth group composed of students from Templeton, Sir Charles Tupper, and John Oliver Secondary, as well as St. Patrick's School on Main St. The group is a self-directed, community driven organization whose mandate rests on the challenges new immigrant youth experience along the lines of integration within Canadian multiculturalism. Established by first and second generation Filipino youth, MYX hopes to attract youth of other cultural backgrounds into their projects. Some of the activities being explored by the club are cultural events organizing, conducting public kitchen featuring multi-ethnic dishes, and fundraising. To join the club, contact Charmaine Corrales ([charmsbaby@hotmail.com](mailto:charmsbaby@hotmail.com)) or Michael Espiritu ([khel\\_24@hotmail.com](mailto:khel_24@hotmail.com))

**YOUTH DROP IN LOUNGE** – Starting September 22 and every Wednesday thereafter until the end of 2004, MHHS opens its Multipurpose Hall from 3:30 – 7:30 as an after school drop-in resource for secondary students. A four-hour block has been devoted to youth in order to create a safe space after school where youth can relax, socialize, do homework, watch movies with peers, join discussions, consult with counselors, and access MHHS resources. This will be a supervised drop-in where a youth worker and volunteer(s) will be present to either facilitate activities or simply be around youth. Monthly schedule of activities at the drop-in lounge will be posted on the MHHS website and school bulletin boards. Service is free after taking a membership from the youth club. Resource partners include Riley Park Community Centre and Boys and Girls Club – Kivan.



**VOLUNTEER** – Joining the youth club offers tremendous opportunities for new immigrant youth, such as volunteering. Hours from volunteer work may be brought forth towards CAPP hours. Volunteer work on various MHHS or Progeny initiatives are available: data entry, website maintenance, fundraising, special events, newsletter production, and administration. A volunteer incentive scheme is also offered through a rewards program in partnership with Broadway Youth Resource Centre.



**TUTORING** – UBC's Filipino Student Association is conducting tutoring classes through Progeny for secondary students experiencing difficulties in math, sciences, and ESL. The classes will be conducted at MHHS Multi Purpose Hall starting October 2004.

**BUDDY PAIRING PROGRAM** – A unique program matching new immigrant Filipino youth with second generation Filipino-Canadians takes form at the MHHS. "Ate – Kuya" (titles attached to big sister and big brother respectively) buddy pairing program hopes to help ease the transition and integration by new immigrant youth to Canadian culture with an expressed cultural sensitivity possessed by second generation Filipino-Canadian.

**KATHARA WORKS HOP** – Vancouver renowned performance group Kathara Canada takes on a new entity through a series of workshops for new immigrant multicultural youth. The project is a series of ethnic dance, drumming, music, martial art, visual, and theatrical workshops. It incorporates peer-led dialogues on issues involving marginalisation of the said youth segment. Issues on violence, racism, bullying, and peer pressure will be scrutinised by youth. An integrated arts and culture performance will form part of the culminating activity for the project along with an audio-visual documentation of the workshops that will be used as a tool to further disseminate the message to the community. The workshops commence in October.

