



What's Happening @ the Helping House

September 25 & 26 **MHHS FIRST ANNUAL MULTICULTURAL BARGAIN SALE**

Tons of goodies in the Helping House Parking Lot!
Bring your friends and family . **10:00 am to 4:00 pm**



October 2 **Communicate Your Way to Success**

Understanding phrases, idioms, expressions and how to use them.
Practicing diction and pronunciations to help you be clearly understood. **1:00 pm to 4:00 pm**

October 5 **Vancouver Police Diversity Advisory Committee**

A public forum on safety security issues of the neighborhood
4:30 pm to 6:30 pm

October 9 **Ikaw at ang Batas II (You and the Law)**

A two part series on the legal rights of live-in caregivers
1:30 pm to 3:30 pm

October 13 **Sponsor Beware! Workshop on Sponsorship Debt**

Public Service Advice to the Filipino Community regarding
sponsorship issues. **2:00 pm to 4:00 pm**

October 18 **Parenting Series: Supporting Parents and Children through Separation and Divorce 5:30 pm to 8:00 pm**

Working in the Public Service

Exploring the job opportunities in working for the government



The Helping House, your home away from home:

only \$20 a day

Multipurpose Hall: \$15-\$20/hr

Workstations: \$250 / month

Movies @ Helping House by donation: \$3



Multicultural Helping House Society

helping newcomers succeed in canada

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MHHS NEWS

October 1-15, 2004

A CALL FOR INVESTORS (AS MENTORS)

Invest in Goodwill, Sharing and Profit !!!

We tend to think of investment in terms of \$\$\$\$\$. This time, we ask you to invest in Human Resources. You give time, information and support and in return, you learn more about immigrants, develop new friendships, and get satisfaction from making a tangible difference in a newcomer's life.

Join the Bamboo Network Host Mentoring Program (BNHMP) as a mentor!

The BNHMP is an initiative of the Multicultural Helping House Society (MHHS) and is funded by the provincial government. This program helps immigrant professionals and trades persons by providing them an information resource and link with the Canadian workplace, through volunteer host mentors who may have been immigrant themselves and have managed to receive Canadian designation in their professions. They would now be able to assist new immigrants adjust to life in Canada and guide them in their future careers and professions.

Since September 2003, 196 professionals and trades persons have registered as participants in the program, 120 of whom are in the field of Engineering. We have 52 mentors, 13 of whom are engineers. We need more host mentors, especially in Engineering and related fields.

THUS, THIS CALL FOR MENTORS!

Expectations of Mentors

Once matched with a "mentee" or "mentees", here are your roles:

1. Provide information on social, educational, transportation and other services useful in settling in Canada –general orientation to life in Canada
2. Provide orientation to profession – jobs available, educational requirements, accreditation and registration, job search process, differences or similarities between foreign professional practice and Canadian norms and practices
3. Guide to contacts and referrals – employment, apprenticeship, volunteer opportunities, education and accreditation
4. Provide referrals and job shadowing (at personal discretion)

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5. Provide moral support and overall guidance to career development as appropriate
6. Give feedback - at the end of the mentoring relationship

How long is the matching relationship?

1. The mentorship period is for 6 months, for a total of 6 hours, with at least 2 contacts each month,
2. An initial meeting is to discuss the client's concerns, career plans, and expectations.
3. Subsequent contacts may be through personal meetings, phone, e-mail, or other forms of correspondence.

If you are interested to volunteer as a Host Mentor, contact Carmen at MHHS @ 604.879.3277 or e-mail carmenh@helpinghouse.org.



CONGRATULATIONS!to the newly-elected **MYX CLUB OFFICERS!**

President & Chair, Events/Fundraising - **Eugene Huang**, John Oliver Secondary
 Vice-Prez & Public Relations - **Charmaine Corrales**, Sir Charles Tupper Secondary
 Secretary & Membership - **Sheryll Cu**, Sir Charles Tupper Secondary
 Treasurer - & Finance - **Macy Olivas**, Sir Charles Tupper Secondary

School Representatives:

1. Sir Charles Tupper Secondary - **Lymuel Palero**
2. Templeton Secondary - **Robert Trigo**
3. David Thompson Secondary - **Sherylanne Solatre**
4. Vantech Secondary - **to follow**
5. John Oliver Secondary - **to follow**
6. St. Patrick's Secondary - **to follow**

First Executive Meeting will be held on Wednesday, Sept 29, 4:00 - 5:30 pm (prompt) at the MHHS Centre. There will be a movie showing following the meeting.

Multicultural Youth Expressions (MYX) a youth club composed of new immigrant and second generation Filipino students from Sir Charles Tupper, Templeton, John Oliver and St. Patrick's School. For more information on the youth program at the Multicultural Helping House Society, call JR @604-879.3277

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Started in April 2004, Project Empowerment for New Immigrant Youth or **PROGENY** is a comprehensive program that includes interest-based projects (music, arts, sports, and recreation), organising (leadership training, events, and fundraising), education, advocacy, and community involvement. The workshops conducted during summer obtained significant success that built momentum into the Fall. PROGENY enters its second phase of programming in September 2004.

YOUTH CLUB – Established by first and second generation Filipino youth, this youth club hopes to attract youth of other cultural backgrounds into their projects. Some of the activities being explored by the club are cultural events organizing, conducting public kitchen featuring multi-ethnic dishes, and fundraising.

YOUTH DROP IN LOUNGE – Starting September 22 and every Wednesday thereafter until the end of 2004, MHHS opens its Multipurpose Hall from 3:30 – 7:30 as an after school drop-in resource for secondary students. A four-hour block has been devoted to youth in order to create a safe space after school where youth can relax, socialize, do homework, watch movies with peers, join discussions, consult with counselors, and access MHHS resources. This will be a supervised drop-in where a youth worker and volunteer(s) will be present to either facilitate activities or simply be around youth. Monthly schedule of activities at the drop-in lounge will be posted on the MHHS website and school bulletin boards. Service is free after taking a membership from the youth club. Resource partners include Riley Park Community Centre and Boys and Girls Club.

VOLUNTEER – Joining the youth club offers tremendous opportunities for new immigrant youth, such as volunteering. Hours from volunteer work may be brought forth towards CAPP hours. Volunteer work on various MHHS or Progeny initiatives are available: data entry, website maintenance, fundraising, special events, newsletter production, and administration. A volunteer incentive scheme is also offered through a rewards program in partnership with Broadway Youth Resource Centre.

TUTORING – UBC's Filipino Student Association is conducting tutoring classes through Progeny for secondary students experiencing difficulties in math, sciences, and ESL. The classes will be conducted at MHHS Multi Purpose Hall starting October 2004.

BUDDY PAIRING PROGRAM – A unique program matching new immigrant Filipino youth with second generation Filipino-Canadians takes form at the MHHS. "Ate – Kuya" (titles attached to big sister and big brother respectively) buddy pairing program hopes to help ease the transition and integration by new immigrant youth to Canadian culture with an expressed cultural sensitivity possessed by second generation Filipino-Canadian.

KATHARA WORKS HOP – Vancouver renowned performance group Kathara Canada takes on a new entity through a series of workshops for new immigrant multicultural youth. The project is a series of ethnic dance, drumming, music, martial art, visual, and theatrical workshops. It incorporates peer-led dialogues on issues involving marginalisation of the said youth segment. An integrated arts and culture performance will form part of the culminating activity for the project along with an audio-visual documentation of the workshops that will be used as a tool to further disseminate the message to the community. The workshops commence in October.

